

## My Dental Assessment

### IS YOUR ORAL HEALTH AT RISK?

This online tool helps identify oral health risks and show how your lifestyle factors and medical conditions impact the health of the mouth.

The assessment will generate a detailed report card—developed by dentists—that includes information on the three most common dental issues:

**Tooth decay • Gum disease • Oral cancer**

With one click, the entire assessment can be printed and taken to an upcoming dental check-up. Dentists or hygienists can help answer questions and address any oral health concerns.

United Concordia Dental members have the option of storing their assessment report cards in **My Dental Benefits**, a secure online portal that comes with your dental insurance plan and contains account information to help maximize your benefits. You can access **MyDentalAssessment.com** from your computer, tablet or mobile phone.

After taking the survey, you can sign up for ongoing oral health tips via text message. At United Concordia Dental, we know that maintaining oral health can keep you healthier in many other ways.



Visit **MyDentalAssessment.com** to get started today!